



UNIT 1 - FOLLOW ME

SESSION 1 THE GOOD SHEPHERD WHO CARES AND CALLS

DAY 1



PSALM 23: 1-3

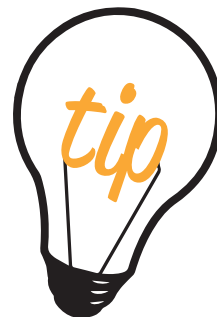
Has the Lord stimulated any thoughts as you've read and prayed?



You may find it useful to write these down.



TIP You may find it useful to underline any key words or phrases that stand out for you as you read the verses.



Write down and pray for anything you especially need His help for today. Claim the promises in these verses for the things that lie ahead in your day.

DAY 2

Read through the passage from yesterday again (Psalm 23:1-3). Has the Lord opened up any new thoughts about this passage? Think about the four things verses 2-3 say the Lord does for us.

Can you think of any answers to what you prayed yesterday?

If anything new has stood out as you re-read these verses, you might find it helpful to write these verses down (or favourite them on your smartphone) and take them to school/college/uni with you today. Remind yourself of God's love in every situation.





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DAY 3



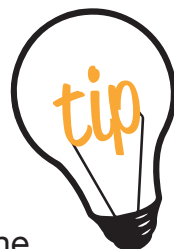
JOHN 10: 1-3

Everyday there are things that try and lead us astray (like Jesus warns us in verse 1). Is there anything today that could rob you of Jesus' love, leading and care?

Take time to write these down.
Pray that God would give you strength to overcome these things.



TIP In Palestine sheep were kept in pens with only one gate, which the shepherd would sleep in. There were robbers who would try and get over the wall and steal the sheep.



DAY 4

Read through the passage from yesterday again (John 10:1-3).

Underline any words that speak to you. Look at verse 3 again; think about how Jesus calls us.

Verse 3 tells us something his sheep should do

- what is it?
- how can you do this?



REFLECT Do you believe that Jesus has a call for you personally?

Pray and think about what this might be. Don't be afraid of what you think this call might be, no matter how small or big!





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DAY 5



JOHN 10: 4

Does Jesus push us out into life on our own?

Think about what Jesus promises to do in this verse. Is this an encouragement to you?

Write down your thoughts why.



REFLECT Think about how Jesus says He will lead you. How did the sheep know the way to go? Ask Jesus to help you know the way more and more!

Again, you may find it useful to underline anything that speaks to you as you read this verse.

What has God shown you this week?



HINTS, THOUGHTS OR QUOTES

Remember that underlining key words or phrases when studying a particular passage can be really useful especially when you go back to read the passage again. Writing in your Bible is not a sin!

‘Don’t let anyone think any less of you because you are young...’
1 Timothy 4:12 (NLT)

“The Young do not know enough to be prudent, and therefore they attempt the impossible, and achieve it, generation after generation.”
- **Pearl S. Buck (1892)**